



*This leaflet answers some common questions about Lamisil Spray. Please read it carefully **before use**. It does not contain all the available information or take the place of talking to your pharmacist or doctor. If you have any concerns about using Lamisil Spray, ask your pharmacist or doctor. Keep this leaflet with your Lamisil Spray. You may need to read it again.*

WHAT LAMISIL SPRAY IS USED FOR

Lamisil Spray is used to treat fungal infections of the skin including the following tinea infections:

- Athlete's foot – between the toes
- Jock itch – groin and inner thigh area
- Ringworm – commonly affects arms, legs, trunk or neck

You should apply Lamisil Spray only to the skin on the outside of the body. This product is not suitable for treating fungal infections of the nail.

BEFORE USING LAMISIL SPRAY

Do not use Lamisil Spray:

- If you are allergic to terbinafine or to any other ingredient listed at the end of this leaflet
- If you are breastfeeding
- On children younger than 18 years or allow them to come into contact with treated skin.

Consult your doctor or pharmacist before using Lamisil Spray:

- If you are pregnant, think you might be pregnant or are trying to become pregnant. Lamisil Spray should not be used during pregnancy unless your doctor has advised you to.

Taking other medicines

Tell your doctor or pharmacist if you are using any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

USING LAMISIL SPRAY

How to use it

1. Clean and thoroughly dry the affected skin and surrounding area.
2. Hold the bottle upright or upside down and spray enough to thoroughly wet the affected skin and surrounding area.
3. Wash your hands after touching the infected skin so that you do not spread the infection.

Lamisil Spray is for external use only. Do not use in the mouth or swallow it. Avoid applying the spray near your eyes or touching your eyes while you have the spray on your hands. In case of accidental contact with the eyes rinse the eyes thoroughly with running water. Do not breathe in the spray. If any symptoms or discomfort persists, see your doctor.

Avoid applying Lamisil Spray to broken skin. Lamisil Spray contains alcohol and it may be irritating to wounds.

If you are treating an infection in a skin-fold area such as under the breast, armpit or groin region, you can cover the treated area with gauze. This is particularly useful at night. If you do, use clean gauze each time you apply the spray.

How long to use it for

Apply Lamisil Spray to the infected areas once per day for 7 days. It is important to use Lamisil Spray for the recommended treatment period, even if the symptoms disappear earlier. Infections usually appear to improve within a few days, but may return if the spray is not applied as directed.

If you have not noticed any signs of improvement within 2 weeks of first starting treatment, see your doctor or pharmacist.

If you forget to use it

If you forget an application of Lamisil Spray, apply it as soon as you remember and then go back to using it as you would normally. If it is almost time for your next application, skip the application you missed and apply the usual amount of Lamisil Spray when you are next meant to. Do not use a double dose to make up for the dose you missed.

Try to use Lamisil Spray as directed. This is important as missing applications may cause the infection to return.

Spray

SIDE EFFECTS

Tell your doctor or pharmacist if you do not feel well while you are using Lamisil Spray.

Most people benefit from using Lamisil Spray but it may have unwanted side effects in a few people.

Ask your doctor or pharmacist to answer any questions you may have.

Stop using Lamisil Spray immediately and talk to your doctor if you have any of the following which may be signs of an allergic reaction:

- difficulty in breathing or swallowing
- swelling of the face, lips, tongue or throat
- severe itching of the skin, with a red rash or raised bumps

Some side effects are common. These include: skin peeling and itching.

Some side effects are uncommon. These include: skin lesion, scab, skin disorder, skin colour changes, redness, burning sensation, pain, application site pain or irritation.

Some side effects are rare. These include: dry skin, eczema.

If Lamisil Spray is accidentally applied to eyes, eye irritation may occur.

If you get other side effects, talk to your doctor or pharmacist. This may include side effects not listed in this leaflet.

IN CASE OF OVERDOSE

If Lamisil Spray is accidentally swallowed, particularly by a child, contact a doctor or the Poisons Information Centre by dialling 13 11 26 in Australia or 0800 764 766 in New Zealand.

AFTER USING LAMISIL SPRAY

Storage

- Store below 30°C.
- Store out of reach of children.
- Do not use past the expiry date shown on the pack.
- Store in the original package.

Disposal

If your pharmacist or doctor tells you to stop using Lamisil Spray or you find that it has passed the expiry date, ask your pharmacist what to do with any that you have left over.

PRODUCT DESCRIPTION

What it looks like

Lamisil Spray is a clear and colourless to faintly yellow liquid. It is available in a bottle with a crimped mouth and spray device. Lamisil Spray is enclosed in tamper-evident packaging to help protect you from product tampering. If you find that the carton seals are broken or missing or if the package shows signs of damage or tampering do not use the product and return it to your pharmacist.

Ingredients

Lamisil Spray contains the active ingredient terbinafine hydrochloride.

It also contains the following inactive ingredients:

- purified water
- ethanol
- propylene glycol
- cetomacrogol 1000

Distributed by:

Nice Pak Products Pty Ltd
120 Woodlands Drive
Braeside, VIC 3195, Australia.

Nice Pak Products (NZ) Ltd
PO Box 37217
Parnell, Auckland 1151,
New Zealand.

This leaflet was last revised in April 2024.