



This leaflet answers some common questions about Lamisil Cream. Please read it carefully before use. It does not contain all the available information or take the place of talking to your pharmacist or doctor.

If you have any concerns about using Lamisil Cream, ask your pharmacist or doctor. Keep this leaflet with your Lamisil Cream. You may need to read it again.

WHAT LAMISIL CREAM IS USED FOR

Lamisil Cream is used to treat fungal infections of the skin including the following tinea infections:

- Athlete's foot - between the toes
- Jock itch - groin and inner thigh area
- Ringworm - commonly affects arms, legs, trunk or neck
- Moccasin-type tinea - sole of the foot

Lamisil Cream can also be used to treat skin infections caused by Candida, a type of yeast.

You should apply Lamisil Cream only to the skin on the outside of the body. This product is not suitable for treating fungal infections of the nail.

BEFORE USING LAMISIL CREAM

Do not use Lamisil Cream:

- If you are allergic to terbinafine or to any other ingredient listed at the end of this leaflet

- If you are breastfeeding
- On children younger than 12 years or allow them to come into contact with treated skin.

Consult your doctor or pharmacist before using Lamisil Cream:

- If you are pregnant, think you might be pregnant or are trying to become pregnant. Lamisil Cream should not be used during pregnancy unless your doctor has advised you to.

Taking other medicines

Tell your doctor or pharmacist if you are using any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may affect the way other medicines work. Do not apply other medicinal products to the areas being treated.

USING LAMISIL CREAM

How to use it

Apply Lamisil Cream once daily.

1. Clean and dry the affected area.
2. Apply a thin layer of Lamisil Cream to the affected skin and surrounding area.
3. Rub in gently.
4. Wash your hands after touching the infected skin so that you do not spread the infection.

Lamisil Cream is for external use only. Avoid applying the cream near your eyes or touching your eyes while you still have cream on your hands. In case of accidental contact with the eyes, rinse the eyes thoroughly with running water and if any symptoms persist see your doctor.

If you are treating an infection in a skin-fold area such as under the breast, armpit or groin region, you can cover the treated area with gauze. This is particularly

useful at night. If you do, use clean gauze each time you apply the cream.

How long to use it for

How long you need to apply Lamisil Cream for depends on the type of infection you have:

Condition	Duration
Athlete's foot, ringworm & jock itch	7 days
Moccasin-type tinea	14-28 days
Candida skin infection	7-14 days

It is important to use Lamisil Cream for the recommended treatment period, even if the symptoms disappear earlier. Infections usually appear to improve within a few days, but may return if the cream is not applied as directed.

If you have not noticed any signs of improvement within 2 weeks of first starting treatment, see your doctor or pharmacist.

If you forget to use it

If you forget an application of Lamisil Cream, apply it as soon as you remember and then go back to using it as you would normally. If it is almost time for your next application, skip the application you missed and apply the usual amount of Lamisil Cream when you are next meant to. Do not use a double dose to make up for the dose that you missed.

Try to use Lamisil Cream as directed. This is important as missing applications may cause the infection to return.

SIDE EFFECTS

Tell your doctor or pharmacist if you do not feel well while you are using Lamisil Cream.

Lamisil Cream is applied to the skin and less than 5% of the dose is absorbed into the bloodstream.

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For this reason, skin reactions are the most common side effects. Nevertheless, the possibility of other reactions should be borne in mind.

Most people benefit from using Lamisil Cream but it may have unwanted side effects in a few people.

Ask your doctor or pharmacist to answer any questions you may have.

Stop using Lamisil Cream immediately and talk to your doctor if you have any of the following which may be signs of an allergic reaction:

- difficulty in breathing or swallowing
- swelling of the face, lips, tongue or throat
- severe itching of the skin, with a red rash or raised bumps

Some side effects are common. These include:

- skin peeling
- itching

Some side effects are uncommon. These include:

- skin lesion
- scab
- skin disorder
- skin colour changes
- redness
- burning sensation
- pain
- application site pain or irritation

Some side effects are rare. These include:

- dry skin
- eczema

If Lamisil Cream is accidentally applied to the eyes, eye irritation may occur.

If you get any other side effects, talk to your doctor or pharmacist. This may include side effects not listed in this leaflet.

IN CASE OF OVERDOSE

If Lamisil Cream is accidentally swallowed, particularly by a child, contact a doctor or the Poisons Information Centre by calling 13 11 26 in Australia or 0800 764 766 in New Zealand.

AFTER USING LAMISIL CREAM

Storage

- Store below 30°C.
- Store out of reach of children.
- Do not use past the expiry date shown on the pack.
- Store in the original package.

Disposal

If your pharmacist or doctor tells you to stop using Lamisil Cream or you find that it has passed the expiry date, ask your pharmacist what to do with any that you have left over.

PRODUCT DESCRIPTION

What it looks like

Lamisil Cream is a white, smooth, glossy cream, which is available in a 15 g varnished aluminium or laminate tube.

Lamisil Cream is enclosed in tamper-evident packaging to help protect you from product tampering. If you find that the tube seal has been broken or is missing, do not use the product and return it to your pharmacist.

Ingredients

Lamisil Cream contains the active ingredient terbinafine hydrochloride.

It also contains the following inactive ingredients:

- sorbitan monostearate
- cetyl palmitate

- cetyl alcohol
- stearyl alcohol
- polysorbate 60
- isopropyl myristate
- sodium hydroxide
- purified water
- benzyl alcohol

Distributed by:

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